



Marco Bonifazi, (1958, Grosseto) is associate professor in Human Physiology. He is working at the Department of Medical Sciences, University of Siena. His lines of research concern adaptations of the endocrine system to exercise, the effects of neurosteroids on motor system excitability, functional assessment of physical efficiency, the effects of muscle pain on motor system. Specialist in Sports Medicine, from 1988 he is Technical Coordinator of the Centre for Studies and Research of the Italian Swimming Federation and, since 2001, Chairman of the Medical Committee of the same Federation.